

Guide to Motherhood in a foreign country



REGIONE
LAZIO

ROMA



Municipio Roma VII

obiettivo
uomo
Società Cooperativa
Sociale Onlus

PROGETTO Mi.FA.SOL



CENTRO FAMIGLIE

Nuovi Legami

This brochure was conceived within the project **“Mi.Fa.Sol. - Minori e Famiglie Solidali”**, funded by Regione Lazio – Department of Social Policy. It aims to provide useful information for migrant women in their motherhood, to facilitate their access to local healthcare and social services, to give some helpful guidelines to mothers-to-be, and to develop knowledge of rights and duties of the host Country.



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HEALTHCARE AND IMM

Healthcare in Italy is granted to all Italian citizens, EU and non-EU citizens legally or illegally resident on Italian territory.

IF YOU HAVE GOT A VALID RESIDENCE PERMIT (or if you applied for renewal)
You need to enroll the National Health System.

WHERE? To the Local Health Authority (ASL) within the area where you are resident or where your actual address is (as written in your residence permit).

WHAT DO YOU NEED? Your identity card, fiscal code, residence permit/receipt of renewal application, self-declaration of residence or actual address.

The ASL issues the health card - Regional Services Card (CSR) - which allows access to all healthcare services and medical assistance, free of charge or on health-ticket (a fee based on your income). Also, it allows to pick a general physician and a family pediatrician.

IF YOU HAVEN'T GOT A RESIDENCE PERMIT AND YOU ARE PREGNANT, YOU CAN'T BE EXPELLED

- You may ask at Immigration Office a **residence permit for medical assistance/motherhood**, valid from when pregnancy is certificated up to the sixth month of life of the child (the medical certificate which declares the pregnancy status can be issued from a Family Counselling nearby your residence/address). The residence

IGRATION

permit can also be requested by the father of your child, if he is married to you and live-in partner. If not married but still live-in, he acquires the right of residence permit in Italy for medical assistance from right after the birth and the recognition of the child up to their sixth month of life.

- With the National Health Service, you are entitled to outpatient and hospital care during motherhood and childbirth in public or contracted hospitals even without personal documents.

THE STP CODE AND HOW TO GET IT

It is a document substitute of the health card for non-EU citizens without residence permit.

WHERE? In any ASL or hospital, independently from your address or residence.

WHAT DO YOU NEED? The “declaration of indigence”. To be signed whereby you apply.

If you want it anonymous, it can be issued without your name and surname.

The STP code is valid on all the national territory, it lasts six months and it can be renewed.





HEALTH SERVICES

THE FAMILY COUNSELLING

If you are pregnant, you may contact the Family Counselling. The Family Counselling provides free healthcare to foreign women with or without residence permit. According to the Law, the healthcare personnel can't report illegal immigrants.

WHAT IT DOES AND TO WHOM IS ADDRESSED

The Counselling is a free public service where you can go to and ask support or help over social and health issues.

The staff welcomes you for regular health check-ups and examinations for the whole pregnancy duration. **In these premises, confidentiality and professional secrecy are guaranteed along with respect for every moral, religious and political belief.**

WHO WORKS THERE?

Several specialists work in a Counselling: gynecologists, pediatricians, obstetricians, nurses, psychologists, social assistants, and sometimes cultural mediators.

If you prefer, you can ask to be visited by female personnel only.



HEALTH SERVICES

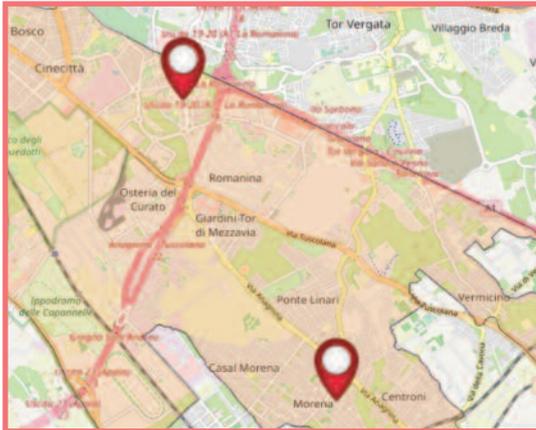
THE FAMILY COUNSELLINGS OF ASL RM2

VOLUNTARY INTERRUPTION OF PREGNANCY (V.I.P.-ABORTION)

Abortion is legal in Italy within the first 90 days from conceiving, and the interruption is allowed in healthcare facilities only. After 90 days of pregnancy, the interruption is allowed for therapeutical purposes only.

If you are bearing a child and you are not sure about continuing with your pregnancy, in the Family Counsellings you find personnel ready to listen and support you in your choices. Their services can help you to overcome financial, social or family issues.

They are managed in a strictly confidential way. Foreign women with no residence permit may claim free abortion and without the father's agreement.



VOLUNTARY INTERRUPTION OF PREGNANCY AND UNDER-AGE WOMEN

If you are bearing a child and you are under-age, you may get the interruption after the authorization of both your parents. If you don't want to tell your parents, or they are not around, a Tutelary Judge's authorization is necessary. At the Family Counselling you can find a social assistant and a psychologist helping you in the process.

FAMILY COUNSELLING DISTRICT 7 ASL RM2 - VII MUNICIPALITY

SITES OPEN TO PUBLIC
h 12:15-13:15

Via Monza, 2
☎ 06.5100.6518

Via Carlo Denina, 7
☎ 06.5100.8571

Via Iberia, 73
☎ 06.5100.8580

Via dei Levii, 10
☎ 06.4143.6030

Via della Stazione di Ciampino, 31
☎ 06.4143.5102

Viale Bruno Rizzieri, 226
☎ 06.4143.40

HEALTH SERVICES

THE BIRTH PATH AND THE PREGNANCY AGENDA

All the examinations concerning pregnancy safety are free

WHAT IS THE BIRTH PATH?

It is the whole of the services provided by Regione Lazio in order to promote healthcare for woman and child, and offer appropriate support during pregnancy, labor, childbirth, breastfeeding and puerperium.

WHAT IS THE PREGNANCY AGENDA?

Regione Lazio issues the Pregnancy Agenda, which is available at the Counselling for every woman who wants to carry on, understand and experience her own pregnancy in better tranquility.

The Pregnancy Agenda leads the woman throughout the Birth Path and provides her and her operators a medical file where to collect the clinical data.

First Trimester

The first appointment with a doctor or obstetrician should take place within the first 10 weeks in order to plan at best the pregnancy support.

Second Trimester

In the following appointments with doctor or obstetrician examination results are discussed in order to plan further support to be provided in this midterm.

Third Trimester

During the forthcoming meetings the latest examination results are discussed and the support in the last months of pregnancy will be planned, childbirth included.



HEALTH SERVICES

Childbirth Preparation Courses

At the Family Counselling, besides pregnancy check-ups with doctors and obstetricians, you may attend Childbirth Preparation Courses where you will:

- Start talking about childbirth, labour, and options for dealing with the pain;
- Plan the meetings with the hospital you choose for the childbirth (Birth Point);
- Get info about support during the 40 weeks and after;
- Get info about support after the childbirth, examinations suggested after childbirth, breastfeeding and newborn care.



HEALTH SERVICES

THE BIRTH POINTS

WHAT ARE THEY? They are the hospital facilities where you may give birth.

WHICH ONE TO CHOOSE? Before taking this decision, talk to your gynecologist/obstetrician who already knows your condition. If your pregnancy is healthy, you may give birth in any hospital facility or at home.

But, if some medical conditions have been diagnosed, switch to a hospital facility with the right specialist expertise.

Here is a table with address and telephone number of all the public and contracted Healthcare maternity units, divided in care levels, where level II is for birth specialist expertise availability, while level I is for ordinary birth facilities.

Birth Points of Level I

| NAME OF PREMISES | ADDRESS | LANDLINE |
|--------------------------|---------------------------------|-------------|
| CRISTO RE | Via delle Calasanziane 25 | 06.612451 |
| FABIA MATER | Via Olevano Romano 25 | 06.41431 |
| MADRE GIUSEPPINA VANNINI | Via dell'Acqua Bullicante 4 | 06.24303840 |
| SANDRO PERTINI | Via dei Monti Tiburtini 385/389 | 06.215921 |



It's your right to ask in advance about main features and services provided by the maternity unit of a hospital.



HEALTH SERVICES

| | | |
|-------------------------------|---|------------------|
| SAN FILIPPO NERI | Via Martinotti 20 | 06.33061 |
| SANTA FAMIGLIA | Via dei Gracchi 134 | 06.328331 |
| GIOVAN BATTISTA GRASSI | Via Giancarlo Passeroni 28 Ostia | 06.56481 |

Birth Points of Level II

| NAME OF PREMISES | ADDRESS | LANDLINE |
|---|---|--------------------------|
| POLICLINICO UMBERTO I | Viale del Policlinico 155 | 06.49971 |
| SAN GIOVANNI CALIBITA FATEBENEFRATELLI | Piazza Fatebenefratelli 2 | 06.58334676 |
| POLICLINICO CASILINO | Via Casilina 1049 | 06.231881 |
| POLICLINICO GEMELLI | Largo Agostino Gemelli 8 | 06.30151 |
| SANT'EUGENIO | Piazzale dell'Umanesimo 10 | 06.51001 |
| SAN GIOVANNI ADDOLORATA | Via dell'Amba Aradam 9 | 06.77051 |
| SAN CAMILLO FORLANINI | Circonvallazione Gianicolense 87 | 06.58701-06.55551 |
| SAN PIETRO FATEBENEFRATELLI | Via Cassia 600 | 06.33260625 |



THE CHILDBIRTH

You may give birth, free and safe, in all the premises listed above (Birth Points). Your husband, partner, or a person you wish, may be by your side during the labour and childbirth. In particular health conditions where a natural birth is not possible, a caesarean section might be necessary.

WHAT IS A CAESAREAN SECTION?

It is a surgical intervention that lets the childbirth by extraction of the fetus by the gynecologist. It can be planned in advance or in emergency, when the mother's and child's health are under threat. The intervention begins after anesthesia is carried out.



AFTER THE CHILDBIRTH

DECLARATION OF BIRTH – MUNICIPALITY REGISTRATION

It is a compulsory statement and it must be done in order to declare a birth and to register the event at the Civil Status.

The registration at the Municipality Birth Office must be done:

- Within three days from birth directly at the public and contracted hospital premises where birth took place.
- Within ten days after the day of birth at Birth Office of the Municipality where the birth took place, or the Municipality where parents have residence.

CHILDBIRTH IN ANONYMITY

The Law allows mothers not to acknowledge the child and to leave them in the hospital where born (DPR 396/2000, art. 30, comma 2) in order to provide health and juridical protection. Mother's name remains unknown for good and the birth certificate says "born to woman who doesn't give consent of being named".

MUNICIPALITY REGISTRATION OF A CHILD BORN TO FOREIGN PARENTS

When parents are foreigners, the Birth Office must first verify that they are previously registered as resident in the Municipality, and then the child's registration on population register can be processed.

Who is born in Italy to foreign parents, must follow one or both genitors' citizenship, because the Law doesn't allow the child to gain Italian citizenship, unless exceptions of the specific law apply. Furthermore, if the parents have got a residence permit, they must apply for the child's update on their residence permit.





AFTER THE CHILDBIRTH

FISCAL CODE

For the newborn, it is a code real-time processed by the municipalities at the moment of registration on population register via computer system connected to the tax register. A badge with code on it will be sent at their address automatically after the registration.

HEALTH CARD

After the municipalities or tax agencies issue the fiscal code, a one-year health card is automatically sent to the newborn; when expired, a second one lasting 5 years will be sent, as support data are acquired by the Local Health Authority-ASL (see page 4).

**For more details about the health card
please call the toll-free number**



**The child of both foreign parents, legally resident in Italy from birth to 18 years old, may apply for Italian citizenship.
During their last under-age year, the person concerned must express the will to become Italian citizen via declaration made before the Civil Status Officer by the municipality where they are resident.**

AFTER-BIRTH SUPPORT

After the childbirth, you leave the hospital under a “protected discharge” status, because further checkups are planned there, in order to verify your child’s health condition and yours.

Once back home after the childbirth, you and your child might need support, information or assistance.

Local Family Counsellings provide after-birth activities, such as breastfeeding support.

They can also direct you to services/associations able to help you and your child in the first years.

THE PUERPERIUM

It is the lapse of time starting right after the childbirth and ending with the genitalia back to pre-pregnancy anatomic-functional conditions. It lasts 6 weeks c.a.

The puerperium is a time made of physical changes, strong emotions, new responsibilities and change of interpersonal relationships.

Assistance and support to mother and newborn may prevent pathologies, facilitate the post-birth adjustment and breastfeeding, facilitate the wellness of the new household, and provide the woman with more consciousness of her caregiving natural expertise.

**Feel free to ask
a trusted doctor,
a Family Counselling
or call:**

**TELEFONO
“SOS MAMMA”
331.6994889**

Monday to Sunday
from 8:00 to 20:00

AFTER-BIRTH SUPPORT

THE PEDIATRICIAN

The pediatrician is the specialist you must choose for child's healthcare. It is mandatory up to their sixth year of life. From 6 to 14 years of age, choice can be made between pediatrician and general physician.

WHERE? At desk of ASL in charge.

WHAT DO YOU NEED? Identification document of a parent, or of whom in charge of parental responsibility, fiscal code of newborn and a self-declaration of Family Status for households.

The pediatrician's aim is not to follow the child only when sick, but also through the whole growing process via periodical examinations, evaluations and screening tests.

VACCINES

Inoculations are very important for the health of the child and their community.

In Italy vaccines are divided into:

- **Mandatory.** The Law requires everyone to do it and the ASL sends home the invitation with data and location;
- **Recommended.** They are advised and the ASL sends home the invitation with data and location;
- **Non-mandatory.** Parents are not obliged to have the children inoculated, but the pediatrician may advise it on a child's clinic history base. In this case the parent must call the ASL and book an appointment.



SOCIAL SUPPORT POLICIES

MUNICIPAL MATERNITY ALLOWANCE (L. 448/98)

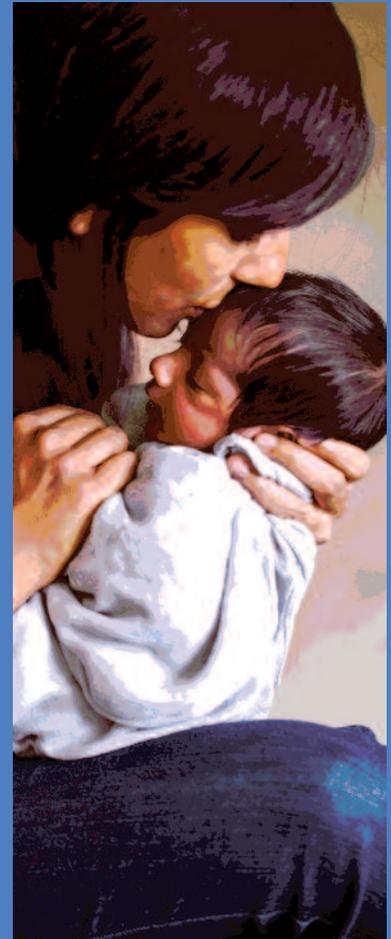
WHAT IS IT? It is a benefit provided by INPS, and granted by your residence Municipality. It applies to unemployed mothers who give birth, adopt or foster a child.

It can be requested by Italian, EU and non-EU citizens in possession of a residence permit at the time of the application, or in any case within 6 months from the date of childbirth or from the date of gaining the Political Refugee Status/Subsidiary Protection, resident in the territory of Roma Capitale.

WHERE? Apply for free to a contracted CAF (Fiscal Assistance Centre) within 6 months from childbirth, if you are entitled.

UNIVERSAL UNIFIED ALLOWANCE (L. 1 April 2021 n. 46)

WHAT IS IT? It is a benefit for households with children, and aims to amend all the bonuses and deductions into a unified contribution for entitled families with children. It may be requested by Italian, EU or non-EU citizens in possession of a residence permit. The unified child allowance is paid to **7th months pregnant mothers, up to the 21st year of age of the child**. There are some increases from the third child on, for mothers under 21 and for disabled children.



SOCIAL SUPPORT POLICIES

This allowance can be combined with other social benefits, such as RDC (citizenship allowance) eliminating the quota linked to the number of children.

WHEN? From 1st January 2022 you may apply for entitlement to the unified allowance. It will be paid off monthly from **1st March 2022** per each child in charge.

WHERE? Apply via INPS website when you know your correct ISEE datum.

ONE-STOP SHOP FOR IMMIGRANTS

COORDINATING INTERVENTION OFFICE FOR MIGRANT POPULATIONS

ONE-STOP SHOP: It provides hospitality, listening, directions and specialist services such as advise and planning, in order to promote social and active inclusion of the population.

With your access, you agree on a schedule for a range of activities related to specific emerging needs: hospitality, active job search, work inclusion projects (internships, work grants) legal advice, etc.



SOCIAL SUPPORT POLICIES

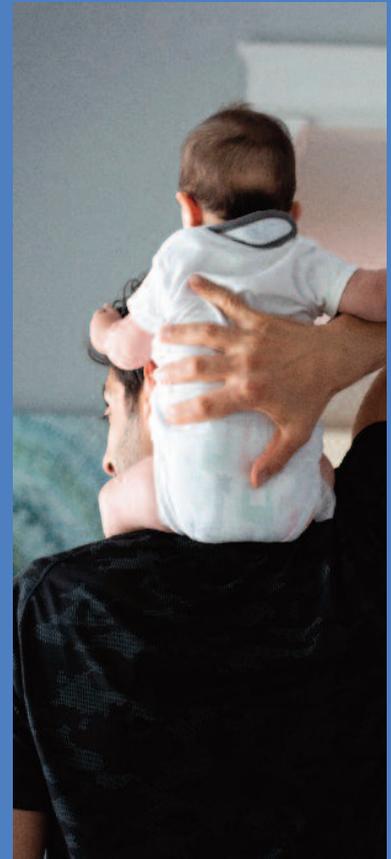
SOCIAL SERVICES

In case of need, you may contact the Social Services of Municipality of residence. They can help you deal with family issues and personal difficulties.

The Social Assistance is there for developing effective measures to prevent, reduce or eliminate any condition of financial, cultural, relational or social distress

To access these services, you may contact the Social Secretariat/PUA, a desk that represents the gateway to the social services system of the City Hall and performs the following functions:

- welcomes citizens and listens to their problems;
- provides information and directions to the system of services, those provided by the City Hall, those provided by ASL in charge, and those from other public or private organizations locally active;
- mMakes a first screening of the need level, and indicates the right professional social service;
- provides the forms for access the several services available.



SOCIAL SUPPORT POLICIES

SOCIAL SECRETARIAT/PUA (Punto Unico di Accesso) VII MUNICIPALITY

SOCIAL SECRETARIAT

segretariatosociale.mun7@comune.roma.it

Tuscolano office:

Via Tuscolana, 950/a (Social Center) - Tel. 06.76961278

Appio office:

Via Tommaso Fortificocca, 71 - Tel. 06.69609639 - 06.69609606

PUA ASL ROMA 2

pua.distretto8@aslroma2.it

Via Antistio, 12 (Casa della Salute Antistio) - Tel. 06.51007516



SOCIAL SUPPORT POLICIES

“NUOVI LEGAMI” FAMILY CENTRE

Nuovi Legami Family Center is active in Rome's VII Municipality. It provides free services with direct access to prevention activities and social, psychological, educational and legal support mainly to parents and children.

IL CENTRO FAMIGLIE *Nuovi Legami*

È Uno spazio dove affrontare insieme ad esperti psicologi, mediatori familiari, educatori, operatori sociali e avvocati

Dubbi e preoccupazioni nella gestione educativa dei figli dai primi mesi di vita all'adolescenza

Momenti di criticità nelle relazioni familiari e personali

Manifestazioni di disagio dei figli in famiglia e a scuola

Crisi di coppia o separazioni coniugali

Necessità di informazioni e consulenza legale nell'ambito del diritto di famiglia

Difficoltà di orientamento nell'ambito dei servizi specialistici per la genitorialità e la famiglia

Il Servizio si rivolge ai cittadini residenti nel Municipio Roma VII

**TUTTE LE ATTIVITÀ E
LE PRESTAZIONI SONO
AD ACCESSO GRATUITO**

SEDE APPIO

Via Tommaso Fortificocca, 71
tel. 06.69609250
nuovilegamiappio@obiettivouomo.it

ORARIO DI APERTURA AL PUBBLICO
dal Lunedì al Venerdì 9.00-13.00
Martedì e Giovedì anche 14.00-18.00
www.centrofamiglienuovilegami.it

SEDE TUSCOLANO

Via della Stazione di Ciampino, 31
tel. 06.79818070
nuovilegamituscolano@obiettivouomo.it

ORARIO DI APERTURA AL PUBBLICO
dal Lunedì al Venerdì 14.00-18.00
Martedì e Giovedì anche 9.00-13.00
f Centro Famiglie Nuovi Legami



MATHERHOOD AND WORK

In Italy motherhood is protected on national employment contracts basis.

Therefore, your rights in pregnancy depend on the job you do.

You can't lose your job from the beginning of pregnancy to one year of life of the child, except for good cause.



If pregnancy started during the employment relationship, you can't lose your job before the third month of life of the child.

IF YOU ARE A REGULAR EMPLOYEE

- You are entitled to maternity leave (compulsory abstention from work) two months before childbirth and three months after childbirth (or one month before childbirth and four months after childbirth).
- You may apply for parental leave (salary at 30% of full tuition). It is an optional abstention from work up to eighth year of the child. This abstention may extend beyond the period of maternity leave or thereafter; its maximum total duration is six months.
- If you work at least six hours per day, after childbirth, you have the right of two-hours break for breastfeeding, as well as time off from work in case of child's illness.

IF YOU ARE A DOMESTIC HELPER OR A CAREGIVER

- You are entitled to maternity leave. Before applying for maternity leave, you must have six months of weekly contributions paid the previous year, or 12 months in the last two years.

MATHERHOOD AND WORK

IF YOU ARE A SELF-EMPLOYED (i.e. a vendor)

- INPS grants allowance to women who are members of the separate management system and in compliance with taxes.
- You are entitled two months before childbirth and three months after, but maternity leave is not compulsory, as in the case for those who have a job as an employee.

IF YOU ARE UNEMPLOYED OR LOW INCOME

If you have got a residence permit, you may apply for maternity allowance.



Women workers are entitled to the new unified allowance for children (from the seventh month of pregnancy until the 21st year of child age) on the basis of the number of dependent children. The amounts of the single allowance will depend on family income (ISEE). Unemployed mothers may apply for the municipal maternity allowance (L. 448/98), a financial contribution provided by the INPS, but granted by the municipality of residence.





USEFUL INFO ABOUT SERVICES

USEFUL INFO ABOUT SERVICES

CLINICS OF GENERAL MEDICINE FOR FOREIGN CITIZENS STP/ENI

Via Cartagine, 85 ☎ 06.41435974 - Monday and Thursday 14:00-17:30

Via Nocera Umbra, 110 ☎ 06.51008705 - Monday and Thursday 8:30-12:30

DESKS FOR CHOICE AND CANCELLATION OF THE GENERAL PHYSICIAN IN ASL RM 2 AREA - 7th District

Via Nocera Umbra, 10

From Monday to Friday 8:00-18:45 Saturday 8:00-12:00

Via Apulia, 5

From Monday to Friday 9:00-18:30 Saturday 9:00-12:00

Via Cartagine, 85

From Monday to Friday 7:45-17:50 Saturday 7:45-12:00

Via Antistio, 15

From Monday to Friday 7:45-17:50

Via della Stazione di Ciampino, 15

From Monday to Friday 7:45-17:50

ROME POLICE IMMIGRATION OFFICE

Via Teofilo Patini, 00155 Roma ☎ 06.48863911

From Monday to Friday 08.30-12:00

Tuesday and Thursday 15:00-17:00

USEFUL INFO ABOUT SERVICES

CIR Assistance to requests for regularization and contacts with the Police

☎ 340.1784581; ☎ ☎340.4801013 (also WhatsApp available); ☎ 366.9044567
or send an e-mail to: ✉ legale@cir-onlus.org

ONE-STOP SHOP IMMIGRATION OFFICE

Via Giovanni Mario Crescimbeni, 25

WALKING DISTANCE FROM COLOSSEO OR MANZONI METRO STATION

There are two available options in order to book an appointment with One-stop Shop:

send an e-mail to: ✉ sportellounico@immigrazione.roma.it

call mob.: ☎ 344.1304089 from Monday to Friday 9:30-13:30

SOCIAL SECRETARIAT

APPIO OFFICE - **Via Tommaso Fortifiocca, 71** ☎ 06.69609639-06.69609606

Tuesday 9:00-16:00 Wednesday 9:00-12:00 Thursday 9:00-16:00

TUSCOLANO OFFICE: - **Via Tuscolana, 950** (Social Center) ☎ 06.76961278

Tuesday 9:00-16:00 Wednesday 9:00-12:00 Wednesday 9:00-16:00

PUA ASL ROMA2

Via Antistio, 12 - Casa della Salute Antistio

☎ 06.51007516 ✉ pua.distretto8@aslroma2.it

USEFUL INFO ABOUT SERVICES

WORK ORIENTATION CENTRE C.O.L.

Service for job placement, help in the compilation of CV, job offers, training courses, support in the realization of own professional projects.

C.O.L. LUIGI PETROSELLI

Via Tuscolana, 208/A

From Monday to Friday 9:00-13:00 on mob. 📞 335.1688965

Wednesday and Friday 9:00-13:00 also on landline 📞 06.96038753

@ colluigipetroselli@comune.roma.it

C.O.L. VIGNALI

Viale Rolando Vignali, 14

From Monday to Friday 9:00-13:00 📞 334.1046976

Monday and Wednesday 9:00-13:00 📞 06.72973505

@ colvignali@comune.roma.it

C.O.L. Rome's all Municipalities:

<https://www.comune.roma.it/web/it/scheda-servizi.page?contentId=INF39031&pagina=2>

USEFUL INFO ABOUT SERVICES

NUOVI LEGAMI FAMILY CENTRE

It provides social, psychological, educational and legal services as well as counselling and psychological support in the perinatal field.

<https://www.centrofamiglienuovilegami.it>

Appio office - **Via Tommaso Fortifiocca, 71**

☎ 06.69609250 📠 334.6678233 📧 nuovilegamiappio@obiettivouomo.it

Tuscolano office - **Via della Stazione di Ciampino, 31**

☎ 06.79818070 📠 334.6762680 📧 nuovilegamiuscolano@obiettivouomo.it

IL MELOGRANO Maternity and Birth Information Centre

Meetings for pregnant women and after-childbirth activities.

Via Saturnia, 4/A

📠 334.2137827 <https://www.melogranoroma.org>

CAV - ANTI-VIOLENCE CENTRES - 1522

They provide information and support to women who want to overcome any kind of gender-related violence: psychological, physical, financial, domestic, in and outside family. They are connected to toll-free phone number 1522, active 24/7, 365 days a year. Hospitality service answers in different languages and operators are there to listen and provide you info about anti-violence centres, social and health services, Police protection services and support to get out of the violence against you and your child.

USEFUL INFO ABOUT SERVICES

CAV all the municipalities:

<https://www.comune.roma.it/web/it/scheda-servizi.page?contentId=INF40339&pagina=3>

CAV Fortioccia - VII Municipality National Association “Volontarie del Telefono Rosa Onlus”

Via Tommaso Fortioccia, 71

☎ 06.69609216 - 06.69609213

From Monday to Friday 10:00-13:00 e 14:00-18:30

✉ cavfortioccia@gmail.com

LEARN ITALIAN LANGUAGE - LIBRARIES IN ROME

Free Italian language workshops providing Italian lessons and a range of side-activities like watching films, touring the city and the libraries, as well as guiding to services for citizens provided by the territory.

For info about which Libraries offer these workshops:

Servizio Intercultura ☎ 06.45460313-314 ✉ info@romamultietnica.it

INSTITUTE OF SOLIDARITY MEDICINE (IMES)

Active in several areas of Rome's suburbs in order to fight poverty diseases and improve access to healthcare for socially disadvantaged people.

Viale Aspertini, 520 ☎ 06.20610141 <https://medicinasolidale.org>

USEFUL INFO ABOUT SERVICES

ASSOCIATION “CITTADINI DEL MONDO”

ASSOCIATION “CITTADINI DEL MONDO”

Italian school, Social Desk (provider of free listening service, counselling, orientation to public and private social, health and register-related services), Intercultural Library.

Viale Opita Oppio, 41 📞 06.31057259 📠 389.9112893

Wednesday and Saturday 10:00-13:00

<https://www.associazionecittadinidelmondo.it>

CIES (INFO CENTRE FOR DEVELOPMENT EDUCATION)

International cooperation, Intercultural mediation, Education for world citizenship.

Via Merulana 198

Viale del Monte Oppio 30 📞 06.77264611

<https://www.cies.it>

SCALABRINI634

Promoter of culture of encounter, hospitality and integration between refugees, migrants and the local community through encounter, dialogue and relations.

Via Casilina, 634 📞 06.2411405

<https://scalabrini634.it>



Point the smartphone on
the QR CODE
and download the brochure

Guide to Motherhood in a foreign country

YOU CAN CHOOSE THE LANGUAGE
YOU PREFER AMONG:

Italian
French
English
Spanish
Romanian
Arabic
Bengali



APPIO OFFICE

Via Tommaso Fortifiocca, 71
tel. 06.69609250
nuovilegamiappio@obiettivouomo.it

OPENING HOURS TO THE PUBLIC

*from Monday to Friday 9 am-1 pm
Tuesday and Thursday also 2pm-6p*

www.centrofamiglienuovilegami.it

TUSCOLANO OFFICE

Via della Stazione di Ciampino, 31
tel. 06.79818070
nuovilegamituscolano@obiettivouomo.it

OPENING HOURS TO THE PUBLIC

*from Monday to Friday 2 pm-6pm
Tuesday and Thursday also 9 am-1*

 **Centro Famiglie Nuovi Legami**

